

Category Results

10K - 6.21 Miles

10K11&UF - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	DAVIS, CHLOE	3127	01:01:53.00	09:57	406/630	LETH, AB, CANADA
2/3	SZABO, MADELINE	3631	01:04:09.30	10:19	440/630	LETH, AB, CANADA
3/3	YOUNG, ARIANA	3728	01:09:46.80	11:14	539/630	CALGARY, AB, CANADA

10K12-15F - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/4	HARTLEY, KYIRA	3246	00:53:32.40	08:37	197/630	RAYMOND, AB, CANADA
2/4	DIXON, TAYLOR	3139	00:54:46.35	08:49	228/630	LETH, AB, CANADA
3/4	LANGHOFER, CAITLIN	3349	01:00:40.35	09:46	377/630	LETH, AB, CANADA
4/4	JONES, JESSICA	3319	01:09:59.95	11:16	543/630	SPARWOOD, BC, CANADA

10K12-15M - 10 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/10	JOHNSON, PAYDEN	3314	00:46:16.90	07:27	56/630	LETHBRIDGE, AB, CANADA
2/10	GOOD STRIKER, TYSON	3209	00:48:46.00	07:51	100/630	STANDOFF, AB, CANADA
3/10	GOOD STRIKER, CLAY	3208	00:48:47.30	07:51	101/630	STANDOFF, AB, CANADA
4/10	GILLIS, ANDREW	3201	00:49:46.05	08:00	121/630	LETHBRIDGE, AB, CANADA
5/10	MACLEAN, DAVIS	3374	00:50:13.10	08:05	132/630	LETH, AB, CANADA
6/10	YOUNG, RYAN	3731	00:50:28.65	08:07	137/630	CALGARY, AB, CANADA
7/10	TAMS, STUART	3636	00:54:05.35	08:42	210/630	TABER, AB, CANADA
8/10	PITCHER, RILEY	3495	00:57:39.95	09:17	301/630	LETH, AB, CANADA
9/10	STEPHENSON, SEAN	3616	00:57:43.25	09:17	302/630	FERNIE, BC, CANADA
10/10	CROW, HARLIN	3109	00:59:40.55	09:36	361/630	STANDOFF, AB, CANADA

10K16-19F - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/9	HEINRICKS, COURTNEY	3258	00:48:01.35	07:43	87/630	LETH, AB, CANADA
2/9	MACKAY, BROOKE	3370	00:50:10.15	08:04	131/630	LETH, AB, CANADA
3/9	GOLLINGER, LAURA	3207	00:55:03.75	08:51	233/630	LETH, AB, CANADA
4/9	MILNER, LARA	3739	01:00:38.15	09:45	375/630	EDMONTON, AB, CANADA
5/9	POLLOCK, ELAINE	3502	01:03:13.60	10:10	428/630	MILLARVILLE, AB, CANADA
6/9	YOUNG, REBECCA	3729	01:10:27.40	11:20	549/630	CALGARY, AB, CANADA
7/9	CASTELLANO, KERRI	3084	01:12:30.70	11:40	575/630	LETH, AB, CANADA
8/9	CORMACK, KERRI	3104	01:17:55.25	12:32	606/630	LETH, AB, CANADA
9/9	BLAHUT, ANDREA	3050	01:20:27.05	12:57	613/630	CALGARY, AB, CANADA

10K16-19M - 12 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/12	YOUNG, SEAN	3737	00:37:39.35	06:03	5/630	LETH, AB, CANADA
2/12	ALLEN, CHAD	3009	00:39:06.00	06:17	9/630	MED. HAT, AB, CANADA
3/12	YELLOWHORN, BLAKE	3632	00:46:11.75	07:26	54/630	FT. MACLEOD, AB, CANADA
4/12	HOSANEE, MICHAEL	3291	00:47:27.20	07:38	72/630	MED. HAT, AB, CANADA
5/12	CHATTERTON, MATTHEW	3088	00:47:42.60	07:40	78/630	LETH, AB, CANADA
6/12	MILNER, KOLE	3417	00:49:12.45	07:55	109/630	RAYMOND, AB, CANADA
7/12	POYTRESS, JORDAN	3509	00:50:39.65	08:09	143/630	FORT MACLEOD, AB, CDN
8/12	PETERSON, BRENT	3485	00:54:37.00	08:47	224/630	RAYMOND, AB, CANADA
9/12	HARVIE, JORDAN	3247	00:57:26.20	09:14	292/630	LETH, AB, CANADA
10/12	SITWELL, GEOFF	3583	00:58:08.35	09:21	323/630	LETH, AB, CANADA
11/12	STRIKES WITH A GUN, MICHAEL EDWARD LEE	3625	01:03:23.50	10:12	432/630	BROCKET, AB, CANADA
12/12	NORTHCOTT, TAYLOR	3452	01:14:49.45	12:02	587/630	OKOTOKS, AB, CANADA

10K20-24F - 64 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/64	KANDIE, PURITY	3740	00:42:18.20	06:48	15/630	LETH, AB, CANADA
2/64	HILL, CAMELLIA	3267	00:46:53.15	07:32	62/630	MAGRATH, AB, CANADA
3/64	HONESS, FAREN	3283	00:47:58.55	07:43	85/630	LOMOND, AB, CANADA
4/64	HOLT, TIANNA	3282	00:48:01.25	07:43	86/630	MED. HAT, AB, CANADA
5/64	BEBEK, JACEY	3041	00:50:27.05	08:07	135/630	PICTURE BUTTE, AB, CANADA
6/64	GIBB, KRISTEN	3194	00:50:33.25	08:08	139/630	RAYMOND, AB, CANADA
7/64	FLEMING, AMY	3174	00:50:40.40	08:09	144/630	LETH, AB, CANADA
8/64	BURGE, KODI	3069	00:50:40.70	08:09	145/630	LETH, AB, CANADA
9/64	LEFEBVRE, SUZANNE	3355	00:51:42.15	08:19	164/630	AIRDRIE, AB, CANADA
10/64	VANCE, ROBYN	3670	00:51:50.60	08:20	166/630	MED. HAT, AB, CANADA
11/64	WARSHAWSKY, AMANDA	3693	00:52:56.90	08:31	184/630	FERNIE, B.C., CANADA
12/64	ASTLEY, TESS	3734	00:53:15.50	08:34	188/630	LETH, AB, CANADA
13/64	OLIVIERI, SARINA	3460	00:53:20.05	08:35	190/630	BELLEVUE, AB, CANADA

Category Results

10K - 6.21 Miles

10K20-24F - 64 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
14/64	ARNESON, MEGAN	3020	00:53:54.75	08:40	203/630	DEWINTON, AB, CANADA
15/64	MCCOWAN, KENDALL	3384	00:53:54.85	08:40	204/630	LETH, AB, CANADA
16/64	BRYANT, KEVAN	3068	00:54:28.85	08:46	217/630	COALDALE, AB, CANADA
17/64	HINMAN, PATTY	3271	00:54:54.20	08:50	230/630	LETH, AB, CANADA
18/64	PARISEAU, JESSICA	3475	00:55:08.85	08:52	234/630	BARONS, AB, CANADA
19/64	GUGYELKA, SARAH	3224	00:55:17.20	08:54	236/630	EDMONTON, AB, CANADA
20/64	GALESLOOT, SARAH	3187	00:55:43.10	08:58	249/630	LETH, AB, CANADA
21/64	GUSA, TARA	3226	00:56:08.65	09:02	258/630	BEAUMONT, AB, CANADA
22/64	RACZ, ALLYSON	3516	00:56:20.55	09:04	263/630	LETH, AB, CANADA
23/64	POMERLEAU, DESIREE	3505	00:56:26.25	09:05	265/630	LEDUC, AB, CANADA
24/64	OHLMANN, NIKKI	3457	00:56:29.45	09:05	268/630	COALDALE, AB, CANADA
25/64	DOUCETTE, ANGELICA	3145	00:57:11.25	09:12	284/630	LETH, AB, CANADA
26/64	MARCINKOWSKI, KAYLA	3379	00:57:11.85	09:12	285/630	LETH, AB, CANADA
27/64	KAWANAMI, KARA	3325	00:57:27.10	09:15	294/630	LEDUC, AB, CANADA
28/64	MEYER, SARAH	3405	00:57:49.55	09:18	307/630	EDMONTON, AB, CANADA
29/64	HUDAK, JORDANA	3294	00:58:22.45	09:23	328/630	LETH, AB, CANADA
30/64	SCHAFFER, ASHLEY	3553	00:58:51.30	09:28	343/630	COALDALE, AB, CANADA
31/64	TARZWELL, LEEA	3639	00:58:55.00	09:29	347/630	LETH, AB, CANADA
32/64	MATTSON, HEATHER	3382	00:59:00.05	09:30	349/630	LETH, AB, CANADA
33/64	KUBOS, AMBER	3343	00:59:16.95	09:32	355/630	LETH, AB, CANADA
34/64	GARCIA, BRENDA	3189	00:59:27.65	09:34	358/630	CALGARY, AB, CANADA
35/64	HAGG, ALEXIS	3228	01:00:44.70	09:46	379/630	CHAMPION, AB, CANADA
36/64	BONISH, KELSIE	3054	01:00:48.40	09:47	382/630	LETH, AB, CANADA
37/64	NISKALA, AMANDA	3448	01:00:49.65	09:47	384/630	LETH, AB, CANADA
38/64	BURYM, ASHTIN	3073	01:00:51.45	09:47	385/630	LETH, AB, CANADA
39/64	MANKEE, LARISSA	3377	01:01:33.50	09:54	400/630	LETH, AB, CANADA
40/64	ULRICH, LARA	3660	01:02:19.80	10:02	411/630	FORT MCMURRAY, AB, CANADA
41/64	SCHMIDT, BETHANY	3558	01:02:19.95	10:02	412/630	LETH, AB, CANADA
42/64	PATTERSON, ELIZABETH	3478	01:02:44.05	10:06	415/630	CALGARY, AB, CANADA
43/64	WARREN, BRITTANY	3691	01:03:05.90	10:09	421/630	PRIDDIS, AB, CANADA
44/64	HAYZELDEN, ERIN	3250	01:03:09.25	10:10	422/630	CALGARY, AB, CANADA
45/64	POLLOCK, JOANNA	3503	01:03:57.95	10:18	437/630	MILLARVILLE, AB, CANADA
46/64	CARLSON, JADE	3081	01:04:32.85	10:23	449/630	MED. HAT, AB, CANADA
47/64	COCKERILL, LINDSEY RAE	3100	01:04:58.80	10:27	457/630	LETH, AB, CANADA
48/64	AFFLECK, HELENA	3003	01:05:02.00	10:28	458/630	LETH, AB, CANADA
49/64	OMAN, KRISTA	3463	01:05:07.25	10:29	462/630	LETH, AB, CANADA
50/64	HOLT, KINSEY	3280	01:05:59.55	10:37	483/630	RAYMOND, AB, CANADA
51/64	WATKINS, ANNA	3696	01:06:19.80	10:40	491/630	CALGARY, A, CANADA
52/64	HEGGIE, TINA	3255	01:06:30.70	10:42	493/630	RAYMOND, AB, CANADA
53/64	RAUSCH, STEFANIE	3519	01:06:46.55	10:45	496/630	LETH, AB, CANADA
54/64	CROSS, NICOLE	3108	01:08:58.25	11:06	533/630	LETH, AB, CANADA
55/64	FAWCETT, KENDALL	3165	01:10:26.90	11:20	547/630	LETH, AB, CANADA
56/64	BRUCE, SHANNON	3067	01:10:27.15	11:20	548/630	LETH, AB, CANADA
57/64	TANK, MEGAN	3637	01:10:45.15	11:23	554/630	CRANBROOK, BC, CANADA
58/64	CUMMINS, SARAH	3111	01:11:23.50	11:29	563/630	LAS VEGAS, NEVADA, U.S.A.
59/64	WIECHNIK, STEPHANIE	3705	01:11:26.90	11:30	566/630	LETH, AB, CANADA
60/64	GOSS, GINA	3211	01:11:46.85	11:33	568/630	LETH, AB, CANADA
61/64	LODERMEIER, VANESSA	3358	01:12:00.85	11:35	569/630	LETH, AB, CANADA
62/64	CYCA, WHITNEY	3114	01:17:48.70	12:31	604/630	LETH, AB, CANADA
63/64	EWANCHUK, SARAH	3160	01:17:53.45	12:32	605/630	FT MACLEOD, AB, CANADA
64/64	RUSSELL, LISA	3539	01:21:22.85	13:06	617/630	DIAMOND CITY, AB, CANADA

10K20-24M - 24 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/24	KANGOGO, ED	3322	00:32:58.00	05:18	2/630	LETH, AB, CANADA
2/24	SCHAERZ, SIMON	3552	00:33:37.00	05:24	3/630	LETH, AB, CANADA
3/24	ONTKEAN, NICK	3464	00:39:37.25	06:22	13/630	LETH, AB, CANADA
4/24	HILL, JOEL	3268	00:43:07.10	06:56	25/630	MAGRATH, AB, CANADA
5/24	ALI, MUSA	3008	00:45:31.90	07:19	47/630	LETH, AB, CANADA
6/24	WIRZBA, BRENT	3714	00:45:58.40	07:24	49/630	LETH, AB, CANADA
7/24	HARRIS, ZACH	3245	00:47:23.05	07:37	68/630	MONARCH, AB, CANADA
8/24	MACLEAN, IAN	3375	00:47:55.95	07:43	83/630	LETH, AB, CANADA
9/24	FLINDALL, JASON	3064	00:49:30.60	07:58	113/630	LETH, AB, CANADA
10/24	TURNER, SHAUN	3658	00:49:39.40	07:59	117/630	LETH, AB, CANADA

Category Results

10K - 6.21 Miles

10K20-24M - 24 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
11/24	GILES, CHRIS	3197	00:51:40.10	08:19	162/630	LETH, AB, CANADA
12/24	RUSSELL, TYLER	3540	00:51:52.30	08:21	167/630	DIAMOND CITY, AB, CANADA
13/24	BALOG, COLE	3034	00:52:27.25	08:26	176/630	LETH, AB, CANADA
14/24	CASWELL, STEVEN	3086	00:52:30.85	08:27	178/630	LETH, AB, CANADA
15/24	WARING, PATRICK	3690	00:53:06.75	08:33	185/630	LETH, AB, CANADA
16/24	HILL, JONATHAN	3269	00:54:55.30	08:50	231/630	LETH, AB, CANADA
17/24	SYDIAHA, BRIAN	3629	00:55:50.05	08:59	252/630	COALDALE, AB, CANADA
18/24	PELLERIN, CRAIG	3481	00:56:09.80	09:02	259/630	LETH, AB, CANADA
19/24	DAVIDSON, KYLE	3122	00:57:16.10	09:13	288/630	PINCHER CREEK, AB, CANADA
20/24	ELLIS, MICHAEL	3154	00:57:49.45	09:18	306/630	EDMONTON, AB, CANADA
21/24	HAMILTON, WILLIAM	3402	01:00:38.35	09:45	376/630	SPRUCE GROVE, AB, CANADA
22/24	KRUSE, BRAD	3340	01:03:20.85	10:12	430/630	NEW NORWAY, AB, CANADA
23/24	STEED, RICHARD	3615	01:06:18.40	10:40	487/630	CALGARY, AB, CANADA
24/24	BEVAN, TRAVIS	3043	01:08:24.05	11:00	521/630	LETH, AB, CANADA

10K25-29F - 69 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/69	TRAN, ARYNNE	3657	00:46:06.25	07:25	50/630	LETH, AB, CANADA
2/69	MOSAICO, TIFFANY	3425	00:46:11.60	07:26	53/630	EDMONTON, AB, CANADA
3/69	BRAUN, LORI	3062	00:47:53.15	07:42	81/630	LETH, AB, CANADA
4/69	COOK, JULIE	3101	00:48:05.35	07:44	88/630	EDMONTON, AB, CANADA
5/69	HILKEWICH, LESLEE	3266	00:48:40.60	07:50	97/630	LETH, AB, CANADA
6/69	HEINE, LAURA	3256	00:48:42.85	07:50	99/630	FT. MACLEOD, AB, CANADA
7/69	AVISON, AMANDA	3029	00:48:55.35	07:52	104/630	LETH, AB, CANADA
8/69	DE ROOSE, JAMIE	3133	00:49:14.35	07:55	111/630	LETH, AB, CANADA
9/69	SEITZ, DESIRAE	3569	00:49:50.10	08:01	123/630	MANYBERRIES, AB, CANADA
10/69	SMITH, VANESSA	3605	00:49:55.55	08:02	125/630	ELKFORD, BC, CANADA
11/69	WATSON, CHRISTAL	3697	00:49:59.60	08:02	128/630	MED. HAT, AB, CANADA
12/69	PLOURDE, AMLIE	3149	00:51:16.60	08:15	155/630	LETH, AB, CANADA
13/69	DANN, ANDREA	3120	00:51:26.10	08:16	158/630	LETH, AB, CANADA
14/69	BEZOOYEN, ANDREA	3044	00:51:35.50	08:18	159/630	LETH, AB, CANADA
15/69	MOHR, JONI	3418	00:51:40.10	08:19	163/630	STIRLING, AB, CANADA
16/69	VAN DIEMEN, JOSE	3666	00:53:27.55	08:36	194/630	IRON SPRINGS, AB, CANADA
17/69	WESSELS, HENRIETTE	3701	00:53:27.70	08:36	195/630	FT. MACLEOD, AB, CANADA
18/69	SCHWEITZER, JOLENE	3563	00:53:41.55	08:38	198/630	LETH, AB, CANADA
19/69	SOMERVILLE, CARLY	3606	00:54:12.30	08:43	212/630	LETH, AB, CANADA
20/69	HAGG, GILLIAN	3229	00:54:14.50	08:44	214/630	CHAMPION, AB, CANADA
21/69	BAIRD, MEGAN	3032	00:54:24.35	08:45	216/630	MED. HAT, AB, CANADA
22/69	COOPER, STEPHANIE	3102	00:54:30.05	08:46	218/630	LETH, AB, CANADA
23/69	JOHNSTON, KAREN	3315	00:55:18.35	08:54	237/630	LETH, AB, CANADA
24/69	SEAGRAVE, SONJA	3567	00:55:40.75	08:57	246/630	CALGARY, AB, CANADA
25/69	HUGHES, RAEGAN	3296	00:55:58.40	09:00	256/630	MED. HAT, AB, CANADA
26/69	GRIFFIN, LINDSEY	3219	00:57:07.45	09:11	283/630	PINCHER CREEK, AB, CANADA
27/69	LOGAN, HELEN	3359	00:57:14.70	09:12	287/630	COALDALE, AB, CANADA
28/69	GROVER, LENA	3222	00:57:27.00	09:15	293/630	LETH, AB, CANADA
29/69	WILLIAMS, ALDEA	3707	00:57:28.30	09:15	295/630	LETH, AB, CANADA
30/69	SALMON, STEPHANIE	3546	00:57:39.75	09:17	300/630	RAYMOND, AB, CANADA
31/69	MCLEAN, TAMARA	3396	00:57:46.35	09:18	304/630	SPARWOOD, BC, CANADA
32/69	VOLK, VICKEY	3683	00:57:59.70	09:20	317/630	LETH, AB, CANADA
33/69	PALMER, KIRA	3473	00:58:20.75	09:23	326/630	CALGARY, AB, CANADA
34/69	CUTHBERTSON, CHRISTINA	3113	00:58:29.85	09:25	332/630	LETH, AB, CANADA
35/69	QUICK, AMY	3515	00:58:30.40	09:25	333/630	SPARWOOD, BC, CANADA
36/69	NELSON, JEN	3440	00:58:50.95	09:28	342/630	CRANBROOK, BC, CANADA
37/69	FLEWELL, STACEY	3177	00:59:08.10	09:31	353/630	LLOYDMINSTER, SASK, CANADA
38/69	FERRIER, DAINA	3167	01:00:04.80	09:40	365/630	LETH, AB, CANADA
39/69	DREGER, JENNY	3146	01:00:20.75	09:42	368/630	MED. HAT, AB, CANADA
40/69	LIGHT, ZOE	3357	01:00:44.75	09:46	380/630	VICTORIA, BC, CANADA
41/69	PATTERSON, ERIN	3479	01:01:03.30	09:49	388/630	LETH, AB, CANADA
42/69	GARNER, KRISTY	3190	01:01:24.55	09:53	394/630	LETH, AB, CANADA
43/69	HOWARD, KYMBERLEI	3293	01:02:42.95	10:05	413/630	LETH, AB, CANADA
44/69	WOOD, GRACE	3720	01:03:12.85	10:10	424/630	LETH, AB, CANADA
45/69	HODGKINSON, PAM	3275	01:04:15.45	10:20	442/630	TABER, AB, CANADA
46/69	BATTERSHILL, JAYME	3037	01:04:29.70	10:23	447/630	LETH, AB, CANADA
47/69	FITTON, CHANTELE	3171	01:05:07.95	10:29	463/630	LETH, AB, CANADA

Category Results

10K - 6.21 Miles

10K25-29F - 69 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
48/69	SCHROEDER, DANIELLE	3561	01:05:36.90	10:33	473/630	FERNIE, BC, CANADA
49/69	CRUTCHER, SARAH	3110	01:06:24.30	10:41	492/630	CALGARY, AB, CANADA
50/69	SMITH, KRISTIN	3598	01:06:44.15	10:44	495/630	RAYMOND, AB, CANADA
51/69	KREUGER, WENDY	3336	01:06:47.20	10:45	498/630	CALGARY, AB, CANADA
52/69	TAYLOR, JESSICA	3640	01:06:59.55	10:47	500/630	LETH, AB, CANADA
53/69	GOUCHIE, REBECCA	3212	01:07:01.60	10:47	502/630	FT. MACLEOD, AB, CANADA
54/69	DYKSTRA, KRISTEN	3152	01:07:19.55	10:50	506/630	MED. HAT, AB, CANADA
55/69	FLEMING, ERIN	3175	01:07:33.05	10:52	508/630	LETH, AB, CANADA
56/69	LOSEY, MEAGAN	3361	01:08:10.35	10:58	517/630	CALGARY, AB, CANADA
57/69	GAUDETTE-SHARP, STACEY	3191	01:09:48.00	11:14	540/630	LETH, AB, CANADA
58/69	LUDVIGSON, CANDICE	3363	01:10:43.85	11:23	553/630	CALGARY, AB, CANADA
59/69	WARREN, MARISSA	3692	01:11:01.40	11:26	558/630	PRIDDIS, AB, CANADA
60/69	KOLEYAK, LIZ	3333	01:12:02.10	11:35	570/630	LACOMBE, AB, CANADA
61/69	KROSSA, LEXI	3339	01:12:02.20	11:35	571/630	PONOKA, AB, CANADA
62/69	HAMILTON, HEATHER	3231	01:12:17.05	11:38	572/630	CALGARY, AB, CANADA
63/69	CAMPBELL, JACKIE	3078	01:13:32.65	11:50	578/630	COALDALE, AB, CANADA
64/69	DALE, KELSIE	3118	01:14:38.70	12:01	585/630	KINDERSLEY, SASK, CANADA
65/69	BLAHUT, TANYA	3052	01:16:06.65	12:15	598/630	LETH, AB, CANADA
66/69	JONES, ADRIENNE	3317	01:17:24.90	12:27	601/630	CALGARY, AB, CANADA
67/69	POLLARD, LESLIE	3498	01:17:58.15	12:33	607/630	LETH, AB, CANADA
68/69	HEGGIE, PAM	3254	01:19:41.20	12:49	611/630	LETH, AB, CANADA
69/69	VOLK, DAWN	3680	01:22:37.10	13:18	620/630	LETH, AB, CANADA

10K25-29M - 35 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/35	MCIVER, JORDAN	3391	00:42:34.65	06:51	17/630	EDMONTON, AB, CANADA
2/35	CLARK, TIM	3098	00:43:17.65	06:58	28/630	NEW NORWAY, AB, CANADA
3/35	ROBDRUP, DANNY	3529	00:43:58.05	07:04	33/630	LETH, AB, CANADA
4/35	SJODEN, TRISTAN	3584	00:44:52.15	07:13	38/630	LETH, AB, Canada
5/35	WIRZBA, MATTHEW	3715	00:46:06.70	07:25	51/630	LETH, AB, CANADA
6/35	MCIVER, GRANT	3390	00:46:26.75	07:28	58/630	SHERWOOD PARK, AB, CANADA
7/35	BAKER, SCOTT	3033	00:46:29.90	07:29	59/630	COALDALE, AB, CANADA
8/35	JENSEN, CHAD	3309	00:47:35.60	07:39	76/630	LETH, AB, CANADA
9/35	SMITH, RYAN	3603	00:48:28.75	07:48	92/630	CALGARY, AB, CANADA
10/35	COUSINS, LYNDON	3106	00:48:33.50	07:49	95/630	CALGARY, AB, CANADA
11/35	LESSARD, MAXIME	3119	00:48:34.15	07:49	96/630	LETH, AB, CANADA
12/35	LACANILAO, BRIAN	3347	00:49:30.45	07:58	112/630	LETH, AB, CANADA
13/35	BOYD, PATRICK	3056	00:50:30.05	08:07	138/630	MED. HAT, AB, CANADA
14/35	SCHAAF, EVAN	3550	00:50:36.15	08:08	140/630	LETH, AB, CANADA
15/35	HERBERT, JORDAN	3262	00:50:38.95	08:09	141/630	LETH, AB, CANADA
16/35	TILLMANN, CURTIS	3650	00:51:02.20	08:13	150/630	LETH, AB, CANADA
17/35	POIRIER RICHER, GREGOIRE	3497	00:51:08.10	08:14	152/630	MED. HAT, AB, CANADA
18/35	HOLLADAY, JUSTIN	3277	00:51:20.25	08:15	156/630	LETH, AB, CANADA
19/35	IRWIN, SAM	3299	00:51:36.05	08:18	161/630	LETH, AB, CANADA
20/35	KLEISINGER, ANDY	3329	00:51:47.60	08:20	165/630	LETH, AB, CANADA
21/35	WATCHEL, ELIJAH	3695	00:51:55.25	08:21	168/630	INVERMERE, BC, CANADA
22/35	BAIN, MICHAEL	3031	00:53:21.85	08:35	192/630	LETH, AB, CANADA
23/35	TARZWELL, CURTIS	3638	00:53:43.35	08:39	199/630	LETH, AB, CANADA
24/35	SENKIW, DEAN	3570	00:54:41.75	08:48	225/630	MED. HAT, AB, CANADA
25/35	SHELLENBERG, DEVAN	3554	00:55:25.35	08:55	241/630	LETH, AB, CANADA
26/35	FRIESEN, SHELDON	3184	00:55:33.80	08:56	243/630	LETH, AB, CANADA
27/35	FOSTER, DAVID	3179	00:57:38.70	09:16	299/630	LETH, AB, CANADA
28/35	VAN NISTELROOY, BRADEN	3668	00:58:39.95	09:26	338/630	ENCHANT, AB, CANADA
29/35	SAWATZKY, PETER	3548	00:59:30.50	09:34	359/630	COALHURST, AB, CANADA
30/35	SMITH, TYLER	3604	01:01:04.45	09:50	390/630	RAYMOND, AB, CANADA
31/35	MURRAY, TRAVIS	3432	01:04:32.95	10:23	450/630	AIRDRIE, AB, CANADA
32/35	KRAMER, JEREMY	3335	01:04:57.55	10:27	456/630	TABER, AB, CANADA
33/35	KNOPP, MATHEW	3330	01:11:01.55	11:26	559/630	CALGARY, AB, CANADA
34/35	POLLARD, MICHAEL	3499	01:15:21.55	12:08	594/630	LETH, AB, CANADA
35/35	PETERSON, KEN	3487	01:20:34.50	12:58	614/630	LETH, AB, CANADA

10K30-34F - 54 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/54	RIOPEL, LOUISE	3526	00:43:06.40	06:56	23/630	LETH, AB, CANADA

Category Results

10K - 6.21 Miles

10K30-34F - 54 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
2/54	NELSON, STACIA	3441	00:47:14.65	07:36	67/630	LETH, AB, CANADA
3/54	METZLER, MEGAN	3404	00:48:28.90	07:48	93/630	LETH, AB, CANADA
4/54	APPELT, TONIA	3018	00:48:56.60	07:52	105/630	CALGARY, AB, Canada
5/54	WORTLEY, LEANNE	3721	00:49:44.15	08:00	120/630	FERNIE, BC, CANADA
6/54	OLSEN, JOCELYN	3461	00:50:55.00	08:11	147/630	BELLEVUE, AB, CANADA
7/54	VANHERK, KATHLEEN	3677	00:51:35.70	08:18	160/630	FT. MACLEOD, AB, CANADA
8/54	VANDELLEN, TARA	3671	00:52:07.10	08:23	171/630	CLARESHOLM, AB, CANADA
9/54	HARMS, JILL	3238	00:52:27.55	08:26	177/630	LETH, AB, CANADA
10/54	COUSINS, KATHRYN	3105	00:52:40.60	08:28	180/630	CALGARY, AB, CANADA
11/54	VALK, LIANE	3662	00:53:18.40	08:34	189/630	MED. HAT, AB, CANADA
12/54	TAMS, CATHERINE	3635	00:53:53.00	08:40	202/630	TABER, AB, CANADA
13/54	SINKE, JULIA	3582	00:53:56.20	08:41	205/630	COALHURST, AB, CANADA
14/54	MCWILLIAMS, TARA	3399	00:54:13.35	08:43	213/630	REDCLIFF, AB, CANADA
15/54	DAVIS, JENN	3129	00:54:32.05	08:46	220/630	LETH, AB, CANADA
16/54	IWAASA, JAIME	3302	00:56:18.35	09:03	261/630	LETH, AB, CANADA
17/54	SCOTT, TRICIA	3566	00:57:36.25	09:16	296/630	COALDALE, AB, CANADA
18/54	VAN DAM, TRACEY	3665	00:57:47.80	09:18	305/630	REDCLIFF, AB, CANADA
19/54	KUNTZ, APRIL	3345	00:57:51.05	09:18	309/630	CLARESHOLM, AB, CANADA
20/54	LYPOWY, JAIME	3367	00:58:43.55	09:27	339/630	EDMONTON, AB, CANADA
21/54	STAFFORD, JASNA	3612	00:58:46.10	09:27	340/630	LETH, AB, CANADA
22/54	CHURKO, LISA	3094	00:59:37.25	09:36	360/630	LETH, AB, CANADA
23/54	GILL, KAREN	3199	01:00:11.35	09:41	366/630	LETH, AB, CANADA
24/54	PETERS, CORRINE	3484	01:00:22.20	09:43	369/630	MED. HAT, AB, CANADA
25/54	MUSHUMANSKI, RAYLENE	3433	01:00:33.20	09:45	372/630	FT. SASK., AB, CANADA
26/54	SAMIS, CRYSTAL	3547	01:01:41.60	09:55	403/630	MED. HAT, AB, CANADA
27/54	WOLFE, LISA	3717	01:02:02.00	09:59	407/630	VALLEYVIEW, AB, CANADA
28/54	LUNDQUIST, ANGELA	3364	01:02:04.05	09:59	408/630	LETH, AB, CANADA
29/54	OVIATT, CHRISTINE	3470	01:02:09.65	10:00	409/630	LETH, AB, CANADA
30/54	MORGAN, JEN	3424	01:02:45.15	10:06	417/630	CALGARY, AB, CANADA
31/54	IWAASA, DAWN	3301	01:03:13.65	10:10	429/630	LETH, AB, CANADA
32/54	HARRINGTON, ROBYN	3242	01:04:32.50	10:23	448/630	MED. HAT, AB, CANADA
33/54	MIDDLETON, JESSICA	3410	01:04:38.60	10:24	451/630	VULCAN, AB, CANADA
34/54	YOUNG, ANGELA	3727	01:04:52.55	10:26	452/630	RED DEER, AB, CANADA
35/54	VANDERVEEN, NAOMI	3675	01:05:36.25	10:33	472/630	PICTURE BUTTE, AB, CANADA
36/54	BARTON, LAUREL	3036	01:05:39.50	10:34	474/630	BENTLEY, AB, CANADA
37/54	HARRINGTON, CORETTE	3240	01:05:52.20	10:36	479/630	SPARWOOD, BC, CANADA
38/54	NIEBERGALL, TRICIA	3446	01:06:33.55	10:43	494/630	FT MACLEOD, AB, CANADA
39/54	BRADLEY, BOBBI	3059	01:06:46.85	10:45	497/630	LETH, AB, CANADA
40/54	FLAMAND, JODIE	3173	01:06:53.85	10:46	499/630	LETH, AB, CANADA
41/54	JOHANSEN, LEAH	3311	01:08:07.20	10:58	515/630	LETH, AB, CANADA
42/54	IKA-HEIMONEN, LEANNE	3298	01:08:50.05	11:05	530/630	CALGARY, AB, CANADA
43/54	MIKO, KLOE	3412	01:09:41.30	11:13	536/630	LETH, AB, CANADA
44/54	WEDER, TANYA	3700	01:09:41.50	11:13	537/630	LETH, AB, CANADA
45/54	PREACHUK, TENNILLE	3510	01:10:14.95	11:18	545/630	COALDALE, AB, CANADA
46/54	HORBUL, JAIME	3289	01:10:42.50	11:23	551/630	CALGARY, AB, CANADA
47/54	O'NEILL, CORINNE	3455	01:10:43.45	11:23	552/630	LETH, AB, CANADA
48/54	CHIPPETT, RHIANNON	3089	01:10:45.25	11:23	555/630	CRANBROOK, B.C., CANADA
49/54	NOBLE, NATALIE	3450	01:13:18.00	11:48	577/630	RED DEER, AB, CANADA
50/54	SCHOLTEN, JACKIE	3560	01:13:49.35	11:53	579/630	PICTURE BUTTE, AB, CANADA
51/54	OSTRUP, JODY	3469	01:14:21.40	11:58	583/630	COALDALE, AB, CANADA
52/54	PETERSON, CARMEN	3486	01:20:40.20	12:59	615/630	LETH, AB, CANADA
53/54	GUNNESS, SHEENA	3225	01:23:23.95	13:25	622/630	LETH, AB, CANADA
54/54	ANTOCHOW, JOBINA	3017	01:23:24.20	13:25	623/630	LETH, AB, CANADA

10K30-34M - 40 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/40	KANGOGO, KIP	3323	00:32:57.35	05:18	1/630	LETH, AB, CANADA
2/40	SHELLENBERG, RYAN	3555	00:39:10.75	06:18	10/630	CALGARY, AB, CANADA
3/40	UJACK, BART	3659	00:39:16.00	06:19	11/630	CALGARY, AB, CANADA
4/40	ASUCHAK, JIM	3024	00:42:41.50	06:52	18/630	LETH, AB, CANADA
5/40	ALBRECHT, TYLER	3004	00:42:51.45	06:54	19/630	MED. HAT, AB, CANADA
6/40	SLEIK, RYAN	3585	00:43:06.45	06:56	24/630	CRANBROOK, BC, CANADA
7/40	RIOPEL, DANNY	3525	00:44:34.75	07:10	35/630	LETH, AB, CANADA
8/40	SHARP, ROB	3572	00:44:49.25	07:13	37/630	LETH, AB, CANADA

Category Results

10K - 6.21 Miles

10K30-34M - 40 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
9/40	JACKSON, JASON	3304	00:45:20.75	07:18	46/630	BROOKS, AB, CANADA
10/40	AVISON, CAMERON	3030	00:46:50.75	07:32	61/630	LETH, AB, CANADA
11/40	HUGHES, JEFFREY	3295	00:47:11.40	07:35	66/630	MED. HAT, AB, CANADA
12/40	SMITH, NATHAN	3600	00:47:23.75	07:37	69/630	CARDSTON, AB, CANADA
13/40	MOHR, RYAN	3419	00:47:44.75	07:41	79/630	STIRLING, AB, CANADA
14/40	BOWEN, BRIAN	3055	00:47:54.65	07:42	82/630	EDMONTON, AB, CANADA
15/40	SEXTON, BRIAN	3571	00:48:26.45	07:47	91/630	LETH, AB, CANADA
16/40	FRIESEN, COREY	3183	00:48:52.40	07:52	103/630	BURNABY, B.C., CANADA
17/40	PATERSON, KYLE	3738	00:49:37.20	07:59	116/630	LEYH, AB, CANADA
18/40	SMITH, NORMAN	3601	00:50:15.85	08:05	133/630	FORT MACLEOD, AB, CANADA
19/40	BASHFORTH, KELLY	3736	00:51:16.15	08:15	154/630	CALGARY, AB, CANADA
20/40	STOUT, AARON	3623	00:52:07.75	08:23	172/630	LETH, AB, CANADA
21/40	THIBERT, CORY	3644	00:52:45.15	08:29	181/630	LETH, AB, CANADA
22/40	HENLEY, ANDREW	3261	00:53:25.45	08:36	193/630	REGINA, SASK, CANADA
23/40	SCHAAF, NOLAN	3551	00:53:58.05	08:41	206/630	LETH, AB, CANADA
24/40	FEHR, CAMERON	3166	00:55:19.70	08:54	238/630	LETH, AB, CANADA
25/40	BLACKMORE, JON	3046	00:55:36.85	08:57	244/630	MAGRATH, AB, CANADA
26/40	IWAASA, KEVIN	3303	00:55:37.95	08:57	245/630	LETH, AB, CANADA
27/40	FLOWITT, TANNIS	3178	00:55:42.75	08:58	248/630	INVERMERE, B.C., CANADA
28/40	HARMS, SCOTT	3239	00:57:19.80	09:13	290/630	LETH, AB, CANADA
29/40	SIGURDSON, THOR	3577	00:58:30.50	09:25	334/630	SPARWOOD, BC, CANADA
30/40	WILLIAMSON, ROB	3710	00:58:52.55	09:28	344/630	LETH, AB, CANADA
31/40	HOLT, REGAN	3281	00:59:05.20	09:30	352/630	LETH, AB, CANADA
32/40	WOLFE, TONY	3718	01:00:16.20	09:42	367/630	VALLEYVIEW, AB, CANADA
33/40	BLACKWOOD, JONATHAN	3049	01:01:16.75	09:51	393/630	LETH, AB, CANADA
34/40	FIRTH, DEVON	3170	01:03:13.20	10:10	427/630	LETH, AB, CANADA
35/40	SCHWAB, ED	3562	01:03:37.00	10:14	435/630	LETH, AB, CANADA
36/40	SMITH, JASON	3596	01:05:42.55	10:34	475/630	ELKFORD, BC, CANADA
37/40	PALMER, JUSTIN	3472	01:08:41.05	11:03	528/630	CALGARY, AB, CANADA
38/40	PREACHUK, TREVOR	3511	01:08:56.65	11:06	532/630	COALDALE, AB, CANADA
39/40	GIESBRECHT, SCOTT	3196	01:10:49.60	11:24	556/630	EDMONTON, AB, CANADA
40/40	KAATZ, MARTIN	3321	01:11:01.75	11:26	561/630	LETH, AB, CANADA

10K35-39F - 55 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/55	BOYLE, SHARI	3735	00:38:10.75	06:08	7/630	CALGARY, AB, CANADA
2/55	NYKWIST, SHEILA	3454	00:40:09.20	06:27	14/630	LETH, AB, CANADA
3/55	WALKER, KELCEY	3687	00:46:36.20	07:30	60/630	COALHURST, AB, CANADA
4/55	SCHMIDT, JOANNE	3559	00:46:53.65	07:32	63/630	CALGARY, AB, CANADA
5/55	MCKEE, ALLISON	3393	00:46:58.75	07:33	64/630	CLARESHOLM, AB, CANADA
6/55	SCHINDELER, SUSAN	3557	00:47:09.85	07:35	65/630	LETH, AB, CANADA
7/55	ASUCHAK, SANDRA	3025	00:47:25.60	07:38	71/630	LETH, AB, CANADA
8/55	ROEMMELE, TRACEY	3533	00:47:33.30	07:39	74/630	LETH, AB, CANADA
9/55	ANDERSON, ANGELA	3013	00:47:57.75	07:43	84/630	EDMONTON, AB, CANADA
10/55	KUCHARSKI, STEPHANIE	3344	00:50:39.55	08:09	142/630	CANMORE, AB, CANADA
11/55	SCRIVNER, KATHY	3496	00:51:24.40	08:16	157/630	MED.HAT, AB, CANADA
12/55	OGONOSKI, SHAWNA	3456	00:51:56.05	08:21	170/630	LETH, AB, CANADA
13/55	NEVIL, KERRI-LEE	3444	00:52:52.25	08:30	183/630	MED. HAT, AB, CANADA
14/55	ZORATTI, SUZANNE	3733	00:53:31.45	08:37	196/630	PINCHER CREEK, AB, CANADA
15/55	LECUYER, DANETTE	3354	00:54:05.10	08:42	209/630	MED. HAT, AB, CANADA
16/55	COPELAND, JENNIFER	3103	00:54:14.60	08:44	215/630	LETH, AB, CANADA
17/55	BLACKWELL, DEB	3048	00:54:57.35	08:50	232/630	CALGARY, AB, CANADA
18/55	DAY, TAMARA	3130	00:55:12.55	08:53	235/630	CALGARY, AB, CANADA
19/55	ANDERSON, NANCY	3016	00:55:23.65	08:55	239/630	CALGARY, AB, CANADA
20/55	HAAPA-AHO, PAMELA	3227	00:55:49.35	08:59	251/630	LETH, AB, CANADA
21/55	PACK, COLLEEN	3471	00:55:57.90	09:00	255/630	TABER, AB, CANADA
22/55	PRENDERGAST, LYNDI	3512	00:56:13.90	09:03	260/630	CALGARY, AB, CANADA
23/55	HUVENAARS, MONIQUE	3297	00:56:41.65	09:07	272/630	HAYS, AB, CANADA
24/55	SMITH, CRYSTAL	3592	00:56:48.55	09:08	274/630	LETH, AB, CANADA
25/55	BAUER, KATY	3038	00:57:06.50	09:11	281/630	CALGARY, AB, CANADA
26/55	TAYLOR, TARA	3641	00:57:57.75	09:19	313/630	LETH, AB, CANADA
27/55	URASAKI, CINDY	3661	00:57:59.95	09:20	318/630	LETH, AB, CANADA
28/55	NEUFELD, LISA	3443	00:58:07.50	09:21	321/630	COALDALE, AB, CANADA
29/55	BEAZER, PATRICIA	3040	00:58:22.05	09:23	327/630	CARDSTON, AB, CANADA

Category Results

10K - 6.21 Miles

10K35-39F - 55 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
30/55	HARRIS, HEIDI	3243	00:58:50.75	09:28	341/630	CRANBROOK, BC, CANADA
31/55	SPENCE, NICOLE	3609	00:58:53.35	09:28	345/630	LETH, AB, CANADA
32/55	WYNIA, KANDICE	3723	00:59:51.85	09:38	362/630	WINFIELD, AB, CANADA
33/55	WALLS, PATRICIA	3689	01:00:34.95	09:45	373/630	LETH, AB, CANADA
34/55	FRASER, KELLY	3181	01:00:35.15	09:45	374/630	CALGARY, AB, CANADA
35/55	MURRAY, SHARA	3431	01:00:52.50	09:48	386/630	CALGARY, AB, CANADA
36/55	MCRAE, TOBI	3398	01:01:31.80	09:54	398/630	LETH, AB, CANADA
37/55	PRENEVOST, TAMMY	3514	01:01:51.55	09:57	404/630	LETH, AB, CANADA
38/55	TIBBLE, KIM	3649	01:03:23.05	10:12	431/630	INNISFAIL, AB, CANADA
39/55	SMITH, DEBBIE	3594	01:04:55.50	10:27	455/630	CHAMPION, AB, CANADA
40/55	MIKADO, KAREN	3411	01:05:19.00	10:31	467/630	LETH, AB, CANADA
41/55	MUSIL, DARCI	3434	01:05:49.70	10:35	478/630	SPARWOOD, B.C., CANADA
42/55	JOHNSON, NIKOLA	3313	01:05:52.30	10:36	480/630	STRATHMORE, AB, CANADA
43/55	GRAHAM, CATHERINE	3215	01:07:06.40	10:48	503/630	LETH, AB, CANADA
44/55	DUMESNIL, MICKEY	3148	01:07:35.75	10:52	510/630	MED. HAT, AB, CANADA
45/55	HOLLINGSWORTH, ROBYN	3279	01:08:07.05	10:58	514/630	LETH, AB, CANADA
46/55	MCKAY, VANESSA	3392	01:08:09.40	10:58	516/630	LETH, AB, CANADA
47/55	DAVIES, CATHY	3123	01:08:24.75	11:00	522/630	SPARWOOD, BC, CANADA
48/55	MOORE, CATHY	3422	01:08:38.40	11:03	527/630	LETH, AB, CANADA
49/55	BERTEOTTI, JASMINN	3042	01:09:45.30	11:13	538/630	RAYMOND, AB, CANADA
50/55	VON HEYKING, SONYA	3685	01:10:31.95	11:21	550/630	LETH, AB, CANADA
51/55	GIESBRECHT, AILEEN	3195	01:10:51.45	11:24	557/630	EDMONTON, AB, CANADA
52/55	PICKLES, TAMMY	3491	01:11:01.75	11:26	560/630	LETH, AB, CANADA
53/55	OSBORN, WENDY	3466	01:14:02.60	11:55	582/630	LETH, AB, CANADA
54/55	WILLIAMS, JENNIFER	3708	01:21:17.40	13:05	616/630	AIRDRIE, AB, CANADA
55/55	RHODES, BARB	3523	01:24:14.15	13:33	625/630	CALGARY, AB, CANADA

10K35-39M - 23 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/23	REID, CHAD	3520	00:35:19.40	05:41	4/630	LETH, AB, CANADA
2/23	DEMAERE, PAUL	3134	00:42:34.10	06:51	16/630	LETH, AB, CANADA
3/23	PRENDERGAST, NEIL	3513	00:43:29.25	07:00	29/630	CALGARY, AB, CANADA
4/23	SHRINER, JASON	3576	00:43:30.80	07:00	30/630	LETH, AB, CANADA
5/23	NIGHTINGALE, MIKE	3447	00:44:55.20	07:13	40/630	LETH, AB, CANADA
6/23	PARADIS, PATRICK	3474	00:45:06.75	07:15	43/630	LETH, AB, CANADA
7/23	SLOMP, WILLIAM	3586	00:45:16.65	07:17	44/630	PICTURE BUTTE, AB, CANADA
8/23	SCHILLING, JASON	3556	00:48:42.15	07:50	98/630	LETH, AB, CANADA
9/23	SMITH, BRENT	3591	00:48:50.15	07:51	102/630	LETH, AB, CANADA
10/23	ROBERTS, NATHAN	3531	00:49:33.05	07:58	115/630	CALGARY, AB, CANADA
11/23	VANDELLEN, TROY	3672	00:50:58.20	08:12	148/630	CLARESHOLM, AB, CANADA
12/23	STREIFEL, SEAN	3624	00:51:05.25	08:13	151/630	MED. HAT, AB, CANADA
13/23	CYR, JASON	3115	00:52:21.75	08:25	174/630	OKOTOKS, AB, CANADA
14/23	KASKO, RYAN	3324	00:53:20.85	08:35	191/630	COALDALE, AB, CANADA
15/23	MILNE, DARREN	3415	00:54:31.35	08:46	219/630	LETH, AB, CANADA
16/23	HARRINGTON, MICHAEL	3241	00:55:24.70	08:55	240/630	SPARWOOD, BC, CANADA
17/23	BRADLEY, BRIAN	3060	00:55:25.80	08:55	242/630	LETH, AB, CANADA
18/23	WRIGHT, WILL	3722	00:57:51.35	09:18	311/630	LETH, AB, CANADA
19/23	HAMMERSTEDT, EDEN	3232	00:57:58.35	09:20	315/630	TABER, AB, CANADA
20/23	CHUDLEIGH, BART	3093	01:05:03.60	10:28	459/630	LETH, AB, CANADA
21/23	SMIT, DICK	3588	01:05:11.65	10:29	466/630	CALGARY, AB, CANADA
22/23	JESSUP, RON	3310	01:05:23.40	10:31	469/630	LETH, AB, CANADA
23/23	WIEBE, TIM	3704	01:06:08.75	10:38	485/630	LETH, AB, CANADA

10K40-44F - 41 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/41	HOSANEE, MONIQUE	3292	00:46:07.45	07:25	52/630	MED. HAT, AB, CANADA
2/41	VANDERZEE, PAULA	3676	00:47:25.55	07:38	70/630	LETH, AB, CANADA
3/41	METZLER, CATHY	3403	00:47:41.95	07:40	77/630	LETH, AB, CANADA
4/41	MARCOTTE, DENISE	3380	00:54:33.85	08:47	221/630	LETH, AB, CANADA
5/41	RAST, KATHY	3517	00:54:35.60	08:47	222/630	LUNDBRECK, ALBERTA, CANADA
6/41	CAPRON, ALLISON	3079	00:54:44.35	08:48	226/630	BELLEVUE, AB, CANADA
7/41	BARNES, MONICA	3035	00:55:51.95	08:59	254/630	CHESTERMERE, AB, CANADA
8/41	LENZ, EMMA	3356	00:56:06.85	09:02	257/630	COALHURST, AB, CANADA
9/41	DE JONG, KARIN	3131	00:56:32.35	09:06	269/630	LETH, AB, CANADA

Category Results

10K - 6.21 Miles

10K40-44F - 41 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
10/41	LAMB, DEE	3348	00:56:36.90	09:07	270/630	LETH, AB, CANADA
11/41	TAKEYASU, CARRIE	3634	00:56:55.85	09:10	277/630	LETH, AB, CANADA
12/41	POLLOCK, SUSAN	3504	00:57:07.40	09:11	282/630	LETH, AB, CANADA
13/41	VAN DAM, MANDY	3663	00:57:58.20	09:20	314/630	REDCLIFF, AB, CANADA
14/41	CASTELLI, LYN	3085	00:57:59.15	09:20	316/630	LETH, AB, CANADA
15/41	WOLFE, HELEN	3716	00:58:14.15	09:22	324/630	LETH, AB, CANADA
16/41	HANDSAEME, SHERRY	3235	00:58:28.70	09:24	331/630	LETH, AB, CANADA
17/41	GINGRAS, SANDY	3204	00:58:32.40	09:25	335/630	LETH, AB, CANADA
18/41	MACKINNON, BOBBIE	3372	00:59:05.05	09:30	351/630	LETH, AB, CANADA
19/41	DYCK, SHERRY	3150	00:59:11.15	09:31	354/630	MED. HAT, AB, CANADA
20/41	PENNER, CAROLYN	3482	00:59:55.60	09:38	363/630	COALDALE, AB, CANADA
21/41	STRUTHERS, ELLEN	3626	01:02:17.20	10:01	410/630	CLARESHOLM, AB, CANADA
22/41	IUTZI, KIM	3300	01:02:49.85	10:07	418/630	LETH, AB, CANADA
23/41	MOLAND, ERIN	3420	01:03:35.25	10:14	434/630	LETH, AB, CANADA
24/41	YAWNEY, DEB	3724	01:04:02.95	10:18	438/630	LETH, AB, CANADA
25/41	SPRIDDLER, JENNIFER	3611	01:04:11.60	10:20	441/630	LETH, AB, CANADA
26/41	HOOD, SHAWNA	3286	01:04:23.45	10:22	445/630	LETH, AB, CANADA
27/41	BUSBY, CINDY	3074	01:05:09.40	10:29	465/630	CLARESHOLM, AB, CANADA
28/41	MOWAT, CATHY	3427	01:05:19.05	10:31	468/630	NEW NORWAY, AB, CANADA
29/41	MARASCO, JEANETTE	3378	01:05:42.95	10:34	476/630	SPARWOOD, BC, CANADA
30/41	COUSINS, MARY	3107	01:07:01.20	10:47	501/630	LETH, AB, CANADA
31/41	SEIFRIDT, KRISTA	3568	01:08:19.80	11:00	518/630	LETH, AB, CANADA
32/41	ROOSEN, DENISE	3534	01:08:20.75	11:00	519/630	COALDALE, AB, CANADA
33/41	MILNER, KIMBERLIE	3416	01:09:16.95	11:09	535/630	RAYMOND, AB, CANADA
34/41	RYDER, ANITA	3542	01:09:58.75	11:16	542/630	LETH, AB, CANADA
35/41	THOMPSON, IRENE	3648	01:10:13.80	11:18	544/630	SPARWOOD, BC, Canada
36/41	JONES, SHELLY	3320	01:10:19.10	11:19	546/630	SPARWOOD, BC, CANADA
37/41	KLASSEN, KAREN	3328	01:11:18.00	11:28	562/630	TABER, AB, CA
38/41	KENNEDY, WENDY	3327	01:11:31.65	11:30	567/630	BOW ISLAND, AB, CANADA
39/41	ANDERSON, JO-ANN	3015	01:12:27.85	11:40	574/630	CALGARY, AB, CANADA
40/41	HOPKINS, JANELLE	3288	01:14:01.25	11:55	581/630	CALGARY, AB, CANADA
41/41	RUSSELL, ALANNA	3538	01:15:00.85	12:04	591/630	MED. HAT, AB, CANADA

10K40-44M - 30 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/30	ANDERSEN, SHANE	3012	00:39:25.10	06:20	12/630	EDMONTON, AB, CANADA
2/30	VANDEN DOOL, GLENN	3673	00:43:00.30	06:55	21/630	LETH, AB, CANADA
3/30	CURLY RIDER, MARTIN	3112	00:43:11.90	06:57	27/630	CARDSTON, AB, CANADA
4/30	GILLIS, BRIAN	3202	00:43:32.20	07:00	31/630	CALGARY, AB, CANADA
5/30	BAYLY, KEITH	3039	00:43:40.20	07:01	32/630	CALGARY, AB, CANADA
6/30	KRUSHEL, ROBERT	3342	00:44:55.50	07:13	41/630	YELLOWKNIFE, NT, CANADA
7/30	HOBLEY, RICHARD	3274	00:45:02.60	07:15	42/630	MED. HAT, AB, CANADA
8/30	NIXEY, SHAYNE	3449	00:47:33.55	07:39	75/630	LETH, AB, CANADA
9/30	ALSTON, JONATHAN	3011	00:48:13.20	07:45	89/630	LETH, AB, CANADA
10/30	DIXON, BRIAN	3137	00:48:33.00	07:49	94/630	LETH, AB, CANADA
11/30	SABO, MARK	3544	00:48:58.40	07:53	107/630	LETH, AB, CANADA
12/30	MCKEE, KEN	3394	00:49:02.30	07:53	108/630	CLARESHOLM, AB, CANADA
13/30	GENTEK, KENNETH	3192	00:49:31.55	07:58	114/630	LETH, AB, CANADA
14/30	HINTON, DAREN	3272	00:49:42.05	08:00	119/630	CALGARY, AB, CANADA
15/30	GROVES, BRAD	3223	00:49:49.20	08:01	122/630	LETH, AB, CANADA
16/30	MURPHY, GREG	3429	00:50:05.80	08:03	130/630	Port Coquitlam, BC, Canada
17/30	FRIESEN, BERT	3182	00:51:00.80	08:12	149/630	TABER, AB, CANADA
18/30	ALLEN, LEE	3010	00:51:55.85	08:21	169/630	COALDALE, AB, CANADA
19/30	DOERKSEN, BRIAN	3141	00:52:34.75	08:27	179/630	COALDALE, AB, CANADA
20/30	SHERIFF, JOHN	3574	00:52:47.45	08:29	182/630	LETH, AB, CANADA
21/30	EVANS, JOHN	3158	00:56:29.05	09:05	267/630	MAGRATH, AB, CANADA
22/30	VAN DAM, RALPH	3664	00:57:11.95	09:12	286/630	REDCLIFF, AB, CANADA
23/30	HIGGINS, BOB	3265	00:57:43.70	09:17	303/630	LETH, AB, CANADA
24/30	JANS, GLENDA	3308	01:00:41.00	09:46	378/630	NEW NORWAY, AB, CANADA
25/30	DAVIS, BRAD	3126	01:05:52.65	10:36	481/630	LETH, AB, CANADA
26/30	VON HEYKING, JOHN	3684	01:05:58.75	10:37	482/630	LETH, AB, CANADA
27/30	MOORE, DAVID	3423	01:08:37.85	11:03	526/630	LETH, AB, CANADA
28/30	STEWART, TROY	3621	01:08:53.45	11:05	531/630	CARDSTON, AB, CANADA
29/30	MCCULLOCH, CAL	3385	01:14:49.95	12:03	588/630	LETH, AB, CANADA

Category Results

10K - 6.21 Miles

10K40-44M - 30 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
30/30	TRAHAN, ROB	3656	01:19:11.00	12:45	608/630	LETH, AB, CANADA

10K45-49F - 31 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/31	YAWORSKI, SANDRA	3725	00:45:53.65	07:23	48/630	CALGARY, AB, CANADA
2/31	KOENIG, KAREN	3331	00:47:51.00	07:42	80/630	LETH, AB, CANADA
3/31	HEYLAND, REBECCA	3264	00:49:41.95	08:00	118/630	LETH, AB, CANADA
4/31	FRY, PAM	3186	00:56:51.90	09:09	275/630	LETH, AB, CANADA
5/31	CLAASSEN, MARJOLEIN	3095	00:57:03.20	09:11	280/630	VAUXHALL, AB, CANADA
6/31	KRISTENSEN, SUSAN	3338	00:58:53.60	09:28	346/630	LETH, AB, CANADA
7/31	BLOW, JOANNE	3053	01:00:04.25	09:40	364/630	LETH, AB, CANADA
8/31	GOODFELLOW, PIPPA	3210	01:00:48.20	09:47	381/630	DIAMOND CITY, AB, CANADA
9/31	MUSIL, MICHELE	3436	01:01:10.25	09:50	391/630	SPARWOOD, BC, CANADA
10/31	HEGGIE, DIXIE	3252	01:01:34.65	09:54	401/630	RAYMOND, AB, CANADA
11/31	BURNARD, SHANNON	3070	01:02:43.75	10:05	414/630	BROOKS, AB, CANADA
12/31	RUPP, ANN	3537	01:03:11.75	10:10	423/630	CHAMPION, AB, CANADA
13/31	MIDDEL, FREDA	3408	01:03:37.35	10:14	436/630	LETH, AB, CANADA
14/31	MIDDLETON, CINDY	3409	01:04:55.30	10:27	454/630	CHAMPION, AB, CANADA
15/31	SMITH, GLORIA	3595	01:05:06.60	10:28	461/630	STIRLING, AB, CANADA
16/31	LYLE, CYNDI	3366	01:05:31.80	10:33	471/630	SPARWOOD, BC, CANADA
17/31	MACLEAN, PADDY	3376	01:06:03.90	10:38	484/630	LETH, AB, CANADA
18/31	FINNIE, LAURIE	3169	01:06:18.75	10:40	489/630	LETH, AB, CANADA
19/31	REIMER, NORMA	3521	01:07:09.65	10:48	504/630	CALGARY, AB, CANADA
20/31	WINKLER, LORI	3713	01:07:10.00	10:48	505/630	CALGARY, AB, CANADA
21/31	PORTER, JUDY	3506	01:08:04.85	10:57	513/630	LETH, AB, CANADA
22/31	HAYWARD, ANGELICA	3248	01:08:24.80	11:00	523/630	LETH, AB, CANADA
23/31	ANDERSON, CHRIS	3014	01:11:26.25	11:30	565/630	CALGARY, AB, CANADA
24/31	PASOLLI, LORNA	3477	01:12:17.20	11:38	573/630	CHAMPION, AB, CANADA
25/31	NORTHCOTT, TERRI	3453	01:14:48.25	12:02	586/630	OKOTOKS, AB, CANADA
26/31	POLLETT, ROSEMARY	3501	01:17:32.85	12:29	602/630	HIGH RIVER, AB, CANADA
27/31	LAWRENCE, LEAH	3352	01:19:20.95	12:46	609/630	LETH, AB, CANADA
28/31	PINSENT, SHERRY	3492	01:19:21.15	12:46	610/630	SPARWOOD, B.C., CANADA
29/31	FAULKNER, NAOMI	3164	01:25:23.60	13:44	627/630	FT. MACLEOD, AB, CANADA
30/31	SCOTT, BONNIE	3564	01:25:32.45	13:46	628/630	PINCHER CREEK, AB, CANADA
31/31	ROTH, TRUDI	3536	01:35:05.70	15:18	630/630	PINCHER CREEK, AB, CANADA

10K45-49M - 26 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/26	CAMERON, ROB	3076	00:37:54.25	06:06	6/630	PINCHER CREEK, AB, CANADA
2/26	HAYWARD, MARC	3249	00:38:33.25	06:12	8/630	LETH, AB, CANADA
3/26	ARNOLD, RALPH	3022	00:42:55.20	06:54	20/630	LETH, AB, CANADA
4/26	ELDER, KEVIN	3153	00:43:08.50	06:56	26/630	LETH, AB, CANADA
5/26	RITCHOT, GILLES	3527	00:44:04.75	07:05	34/630	LETH, AB, CANADA
6/26	JOHNSON, DEAN	3312	00:44:43.65	07:12	36/630	LETH, AB, CANADA
7/26	PENNER, KEN	3483	00:44:53.60	07:13	39/630	LETH, AB, CANADA
8/26	SWITZER, JOHN	3628	00:45:19.75	07:17	45/630	LETH, AB, CANADA
9/26	THIESSEN, ERNIE	3645	00:46:15.40	07:26	55/630	LETH, AB, CANADA
10/26	CARLSON, MARK	3082	00:47:30.85	07:39	73/630	CALGARY, AB, CANADA
11/26	MURRAY, CHRIS	3430	00:49:13.25	07:55	110/630	LETH, AB, CANADA
12/26	YOUNG, RICHARD	3730	00:50:01.70	08:03	129/630	CALGARY, AB, CANADA
13/26	HORON, KELLY	3290	00:50:16.80	08:05	134/630	LETH, AB, CANADA
14/26	MACKAY, CRAIG	3371	00:50:27.55	08:07	136/630	LETH, AB, CANADA
15/26	SOUTHALL, NORM	3608	00:54:11.45	08:43	211/630	LETH, AB, CANADA
16/26	MACKINNON, BRUCE	3373	00:55:41.45	08:58	247/630	LETH, AB, CANADA
17/26	HANSON, WES	3236	00:56:48.05	09:08	273/630	LETH, AB, CANADA
18/26	FARKAS, CRAIG	3162	00:58:08.10	09:21	322/630	LETH, AB, CANADA
19/26	MUCCIARONE, GEORGE	3428	01:00:29.30	09:44	371/630	MED. HAT, AB, CANADA
20/26	SMITH, LLOYD	3599	01:03:13.15	10:10	425/630	CANMORE, AB, CANADA
21/26	PEDERSEN, WAYNE	3480	01:04:23.20	10:22	444/630	CLARESHOLM, AB, CANADA
22/26	PICKARD, TONY	3490	01:05:08.90	10:29	464/630	PICTURE BUTTE, AB, CANADA
23/26	SPRIDDLER, DEAN	3610	01:05:45.25	10:35	477/630	LETH, AB, CANADA
24/26	RYDER, DAN	3543	01:09:58.40	11:16	541/630	LETH, AB, CANADA
25/26	KOROL, GREG	3334	01:15:01.90	12:04	592/630	MED. HAT, AB, CANADA
26/26	ROTH, ALAN	3535	01:22:33.65	13:17	619/630	PINCHER CREEK, AB, CANADA

Category Results

10K - 6.21 Miles

10K50-54F - 25 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/25	GALLELLI, RHONDA	3188	00:46:25.45	07:28	57/630	CALGARY, AB, CANADA
2/25	GLENGRAHAM, LAURIE	3205	00:49:59.25	08:02	127/630	RAINIER, AB, CANADA
3/25	THOM, NORIE	3646	00:54:02.65	08:42	208/630	LETH, AB, CANADA
4/25	TAKEDA, JUNE	3633	00:55:44.55	08:58	250/630	LETH, AB, CANADA
5/25	MACDONALD, MARI	3369	00:56:20.25	09:04	262/630	LETH, AB, CANADA
6/25	HANDFORD, KIZZY	3233	00:56:41.20	09:07	271/630	PINCHER CREEK, AB, CANADA
7/25	EMERSON, TRISH	3156	00:57:17.20	09:13	289/630	LETH, AB, CANADA
8/25	TEMPLIN, MARJORIE	3642	00:57:55.75	09:19	312/630	SPARWOOD, BC, CANADA
9/25	PETERSON, SUSAN	3488	01:01:14.20	09:51	392/630	RAYMOND, AB, CANADA
10/25	GRISAK, DONNA	3220	01:01:29.55	09:54	397/630	CALGARY, AB, CANADA
11/25	DEPEW, DEBBIE	3136	01:01:31.85	09:54	399/630	RAYMOND, AB, CANADA
12/25	GILES, JANICE	3198	01:05:31.20	10:33	470/630	HIGH RIVER, AB, CANADA
13/25	DAVIS, JACKIE	3128	01:07:31.70	10:52	507/630	CARDSTON, AB, CANADA
14/25	CHRISTENSEN, SHERRY	3090	01:07:47.55	10:54	511/630	COALHURST, AB, CANADA
15/25	ABBOTT, EILEEN	3002	01:08:29.20	11:01	524/630	LETH, AB, CANADA
16/25	MICHEL, DEE DEE	3407	01:12:38.20	11:41	576/630	WELLING, AB, CANADA
17/25	AUSTIN, MIRIAM	3028	01:14:35.15	12:00	584/630	LETH, AB, CANADA
18/25	MCCALLUM-CAMPBELL, JANICE	3383	01:14:56.35	12:03	589/630	VULCAN, AB, CANADA
19/25	MCKENZIE, DIANE	3395	01:14:56.55	12:04	590/630	WARNER, AB, CANADA
20/25	HEINRICH, SHEILA	3257	01:16:05.45	12:15	595/630	LETH, AB, CANADA
21/25	DE KREEK, YOLANDA	3132	01:16:05.60	12:15	596/630	PICTURE BUTTE, AB, CANADA
22/25	BLAHUT, ORYSIA	3051	01:17:09.40	12:25	600/630	CALGARY, ALBERTA, CANADA
23/25	HOLLADAY, KERRI-ANN	3278	01:21:24.45	13:06	618/630	CROSSFIELD, AB, CANADA
24/25	SINE, EMMA	3581	01:23:24.45	13:25	624/630	LETH, AB, CANADA
25/25	VOLK, HELEN	3681	01:28:30.45	14:15	629/630	LETH, AB, CANADA

10K50-54M - 23 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/23	OLSON, BARRY	3462	00:48:15.75	07:46	90/630	LETH, AB, CANADA
2/23	EVES, BLAKE	3159	00:48:58.10	07:53	106/630	COALHURST, AB, CANADA
3/23	FOX, DAVE	3180	00:52:18.50	08:25	173/630	MOOSE JAW, SASK, CANADA
4/23	LOWINGS, MALCOLM	3362	00:53:46.90	08:39	201/630	LETH, AB, CANADA
5/23	KUTA, DALE	3346	00:54:46.25	08:49	227/630	BLAIRMORE, AB, CANADA
6/23	DAVIDSON, KIM	3121	00:54:46.40	08:49	229/630	PINCHER CREEK, AB, CANADA
7/23	SYDIAHA, LES	3630	00:56:56.40	09:10	278/630	MOOSE JAW, SASK, CANADA
8/23	SINE, DAVID	3580	00:57:38.65	09:16	298/630	LETH, AB, CANADA
9/23	BURR, GARY	3071	00:58:06.05	09:21	319/630	MED. HAT, AB, CANADA
10/23	WEASEL MOCCASIN, PETER	3698	00:58:18.70	09:23	325/630	STANDOFF, AB, CANADA
11/23	TOMEI, LEANDRO	3655	00:58:33.05	09:25	337/630	LETH, AB, CANADA
12/23	ARMSTRONG, DWAYNE	3019	00:58:57.05	09:29	348/630	LETH, AB, CANADA
13/23	BROWN, MITCHEL	3065	00:59:02.30	09:30	350/630	FT. MACLEOD, AB, CANADA
14/23	POYTRESS, ALAN	3508	00:59:25.25	09:34	357/630	FORT MACLEOD, AB, CDN
15/23	ZIELINSKI, WALTER	3732	01:00:48.80	09:47	383/630	COALDALE, AB, CANADA
16/23	DAVIES, RICK	3125	01:00:55.15	09:48	387/630	LETH, AB, CANADA
17/23	ALDOUS, OWEN	3006	01:01:25.10	09:53	395/630	MED. HAT, AB, CANADA
18/23	MYSHYNUIK, GARRY	3437	01:01:29.50	09:54	396/630	CALGARY, AB, CANADA
19/23	SAWCHUK, GRANT	3549	01:01:52.00	09:57	405/630	CLARESHOLM, AB, CANADA
20/23	WILLIAMS, JIM	3709	01:02:53.45	10:07	419/630	HIGH RIVER, AB, CANADA
21/23	DAVIES, DWIGHT	3124	01:03:23.90	10:12	433/630	RAYMOND, AB, CANADA
22/23	PASOLLI, ALAN	3476	01:04:52.65	10:26	453/630	CHAMPION, AB, CANADA
23/23	POLLETT, CLYDE	3500	01:17:32.85	12:29	603/630	HIGH RIVER, AB, CANADA

10K55-59F - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/15	THIBERT, CAROL	3643	00:54:01.60	08:41	207/630	LETH, AB, CANADA
2/15	SMITH, BEV	3589	00:55:51.75	08:59	253/630	HILLCREST, AB, CANADA
3/15	RIES, DENISE	3524	00:58:06.20	09:21	320/630	MED. HAT, AB, CANADA
4/15	HANDLEY, JANE	3234	00:59:18.90	09:33	356/630	MOOSE JAW, SASK, CANADA
5/15	MEGAW, CAROL	3400	01:00:26.20	09:43	370/630	LETH, AB, CANADA
6/15	SMITH, BONNIE	3590	01:01:04.10	09:50	389/630	CARDSTON, AB, CANADA
7/15	CLELAND, CYNTHIA	3099	01:01:34.95	09:55	402/630	BOW ISLAND, AB, CANADA
8/15	RIVIERE, MARY LOU	3528	01:02:44.70	10:06	416/630	BLAIRMORE, AB, CANADA
9/15	WIKTORSKI, JO	3706	01:04:03.20	10:18	439/630	LETH, AB, CANADA
10/15	SHAW, LYNN	3573	01:04:26.80	10:22	446/630	LETH, AB, CANADA

Category Results

10K - 6.21 Miles

10K55-59F - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
11/15	DEMERS, MICHELLE	3135	01:06:18.65	10:40	488/630	LETH, AB, CANADA
12/15	HALTON, LORRAINE	3230	01:08:01.10	10:57	512/630	HILLCREST, AB, CANADA
13/15	NICOL-PHARO, PATTI	3445	01:08:46.25	11:04	529/630	LETH, AB, CANADA
14/15	REPHIN, CATHERINE	3522	01:15:09.85	12:06	593/630	CRANBROOK, BC, CANADA
15/15	HILL, YVONNE	3270	01:24:42.30	13:38	626/630	LETH, AB, CANADA

10K55-59M - 14 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/14	BURT, GREGORY	3072	00:49:50.75	08:01	124/630	CARDSTON, AB, CANADA
2/14	CHUBB, RICH	3092	00:49:55.95	08:02	126/630	LETH, AB, CANADA
3/14	SOMMERFELDT, DREW	3607	00:50:44.85	08:10	146/630	LETH, AB, CANADA
4/14	THOMAS, NOEL	3647	00:51:14.65	08:15	153/630	LETH, AB, CANADA
5/14	FLAIG, DON	3172	00:52:25.10	08:26	175/630	LETH, AB, CANADA
6/14	TILLMANN, FELIX	3651	00:53:07.00	08:33	186/630	LETH, AB, CANADA
7/14	ORR, LAURRY	3465	00:53:12.30	08:34	187/630	FT. MACLEOD, AB, CANADA
8/14	VANDERVEEN, KLAAS	3674	00:53:44.30	08:39	200/630	PICTURE BUTTE, AB, CANADA
9/14	GRANSON, ERNEST	3216	00:56:26.45	09:05	266/630	CALGARY, AB, CANADA
10/14	RODGER, KENT	3532	00:57:37.90	09:16	297/630	COLEMAN, AB, CANADA
11/14	POTE, JAMES	3507	00:57:50.45	09:18	308/630	LETH, AB, CANADA
12/14	DUECK, EDGAR	3147	00:57:51.15	09:18	310/630	COALDALE, AB, CANADA
13/14	HOLLADAY, JOHN	3276	01:09:14.55	11:08	534/630	CROSSFIELD, AB, CANADA
14/14	VOLK, STAN	3682	01:16:05.75	12:15	597/630	LETH, AB, CANADA

10K60-64F - 4 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/4	STEWART, RAMONA	3620	00:54:36.05	08:47	223/630	LETH, AB, CANADA
2/4	STEED, JOAN	3614	01:06:17.80	10:40	486/630	CALGARY, AB, CANADA
3/4	AARSEN, MARIAN	3001	01:11:23.95	11:29	564/630	LETH, AB, CANADA
4/4	VAN DYK, JANNIE	3667	01:13:54.75	11:54	580/630	LETH, AB, CANADA

10K60-64M - 8 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/8	CLACK, JACK	3096	00:43:05.60	06:56	22/630	LETH, AB, CANADA
2/8	HEGGIE, MARC	3253	00:56:54.05	09:09	276/630	LETH, AB, CANADA
3/8	SCOTT, JIM	3565	00:58:27.35	09:24	330/630	LETH, AB, CANADA
4/8	SMITH, PARLEY	3602	01:03:00.40	10:08	420/630	CARDSTON, AB, CANADA
5/8	HOOD, ROBIN	3285	01:04:23.05	10:22	443/630	LETH, AB, CANADA
6/8	BROWN, JERRY	3063	01:05:05.40	10:28	460/630	LETH, AB, CANADA
7/8	DOLAN, ROBERT	3142	01:06:19.65	10:40	490/630	LETH, AB, CANADA
8/8	GODOY, DUDLEY	3206	01:08:22.35	11:00	520/630	RAYMOND, AB, CANADA

10K65-69F - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/2	NORRIS, JOAN	3451	00:57:21.95	09:14	291/630	LETH, AB, CANADA
2/2	GILL, TINA	3200	01:22:52.95	13:20	621/630	NORTH VANCOUVER, BC, CANADA

10K65-69M - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/5	SALMON, MAX	3545	00:56:21.75	09:04	264/630	LETH, AB, CANADA
2/5	KLEIN, KURT	3426	00:57:03.00	09:11	279/630	LETH, AB, CANADA
3/5	SMART, CLIVE	3587	00:58:25.55	09:24	329/630	LETH, AB, CANADA
4/5	BUTLER, PETER	3075	00:58:32.90	09:25	336/630	ELKWATER, AB, CANADA
5/5	SIMS, ROBERT	3579	01:03:13.15	10:10	426/630	GREAT FALLS, MT, U.S.A.

10K70-74M - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	VAN RAA, COR	3669	01:07:34.50	10:52	509/630	LETH, AB, CANADA
2/3	CLARK, CARL	3097	01:08:37.35	11:02	525/630	GREAT FALLS, MONT., U.S.A.
3/3	KOHLMETZ, TED	3332	01:16:26.60	12:18	599/630	MED. HAT, AB, CANADA

10K80+M - 1 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/1	GRAF, WILBERT	3214	01:20:06.70	12:53	612/630	GREAT FALLS, MONT, U.S.A.